

Forest Hills Consolidated School

APRIL~MAY 2011

Apr 18, 2011

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 25 CHICKEN BURGER YOGURT tater tots fresh pears milk - variety ketchup mayo	Apr - 26 TURKEY LASAGNA YOGURT fresh wheat bread stix margarine fresh fruit milk - variety	Apr - 27 TURKEY WRAP TUNA WRAP YOGURT cheese lettuce & tomato black olives chocolate chip cookie milk - variety mayo mustard	Apr - 28 CHEESEBURGER CHILI WITH RICE YOGURT fresh baked cornbread margarine pudding milk - variety ketchup relish	Apr - 29 BBQ PULLED PORK ROLL PB & J spiced apples green beans milk - variety
May - 2 CHICKEN NUGGETS k - 5 PB & J rice peas milk - variety ketchup barbecue sauce	May - 3 ITAL. NOODLE CASSEROLE YOGURT homemade yeast rolls margarine cheese fruit salad milk - variety	May - 4 SLOPPY JOES PB & J green beans homemade gingerbread whipped topping milk - variety	May - 5 TACO,BEEF YOGURT salsa lettuce & tomato sour cream black olives cheese milk - variety SALAD BAR 6 - 12	May - 6 HAM & CHEESE SANDWICH PB & J tossed salad ranch dressing bananas milk - variety

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.